



Vision: *We are a community working together to strengthen sustainable resources for the individual behavioral health needs of children, youth and families.*

Mission: *Through respectful partnerships, families, systems and communities collaborate, influence and provide leadership to address challenges and barriers by promoting cohesive behavioral health services for children, youth and families.*

FRIDAY JUNE 23RD FROM 10 AM UNTIL NOON

ZOOM LINK: [HTTPS://US02WEB.ZOOM.US/J/5857207072](https://us02web.zoom.us/j/5857207072)

Call In: 1-253-215-8782 Meeting ID: 585 720 7072

AGENDA

Welcome (18)

- Zoom Tools/Information
- Introductions
- Reading of Vision & Mission
- Comfort Agreement
- Tri-lead Listening Statement

Today's Goals (2)

- Tri-lead Positions Update (10)
 - Questions/Comments
 - Area of Focus- More Mental Health Awareness in Schools (20)
 - Workgroup Update
 - Questions/Comments
 - WISE Data Presentation (15)
 - Catholic Community Services
 - Questions/Comments
 - Peer Olympia (15)
 - Family Navigator
 - Questions/Comments
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- Share Time for All (25)
 - Questions or comments about today's goals/agenda.
 - General Sharing
 - Information/Announcements
 - New or Existing Program Updates
 - Access to Services
 - Additional Questions/Comments

Adjourn

This is the list of goals and chosen strategies related to our area of focus, which is about more mental health awareness and fluency taught in schools, to parents and to staff.

Goal A

A. Opportunities for youth to volunteer with other kids to help – everyone learns and this provides mentorship opportunities for kids. Matching kids based on strengths and needs – pairing a youth with great ability to manage their energy, for example, with a youth who needs additional skills in this area. Students to be able to mentor students at other schools.

Chosen Strategies

A2. Provide Teen Mental Health First Aid to schools – ESD 113 could potentially provide this, or trainers from other organizations in partnership

A4. Have youth who are interested in being mentors/volunteers write a bio and submit to SOCP and connect them with school counselors - Consider specific mentors for BIPOC students/LGBTQIA+ students, making sure that supports have life experience and understand the populations.

Goal B

B. Mental health initiatives at schools to create/inform around mental health needs – student driven and led (SOCP do the initiative?)

Chosen Strategy

B2. ESD does quarterly mental health campaigns in schools – coordinated through prevention/wellness clubs. Would love to make these available to other schools who don't have Campaigns for Mental Wellness/Suicide Prevention so they can execute them on their campus. (11 votes)

Goal C

C. Classes do an activity that elicits ideas from students – what can we do better/change? Anonymous notes. Consider providing incentives like gift cards for small amounts.

Chosen Strategy

C3. Look at existing surveys recently done by HCA and Department of Health, look at trends and then make a plan (10 votes)

Contacts for Questions, Comments or Concerns

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