



## *System of Care Partnership Areas of Focus Current and Recently Closed Work Items*

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### **Current Work Items Updated 12/30/20**

#### Access to Assessments for youth with Autism

- Centers of Excellence were discussed and links that were identified by the Behavioral Health Resources representative and convener were shared with the group.
- A resource document is planned and will be facilitated by the Community Youth Services representative. The group will go through a facilitated process to determine what will be included in the document. Possibilities include; different types of assessments, credentialed professionals who can complete them and treatment options.
- Improved availability of school based services, which is a strategic plan priority, is being discussed as a pathway to services and assessments for this work item. A school services spreadsheet by provider already in existence has been updated by providers and by school districts. Behavioral health provider staff and school staff as well as Department of Defense counselors in schools have been added to the spreadsheet that organizes these services by district and building. Improved availability of school based services is also a 3-5 year strategic plan priority.

- November 2020 Notes: The resource document was assigned to a workgroup consisting of 3 system representatives and 4 parents. A flow-chart has been created. The workgroup continues to check in with the SOCP to find out if they support the direction the smaller group is headed and to ask about specific items.
- December 2020 Notes: The workgroup has made significant progress on the document and it was necessary to meet again after the December SOCP meeting and work on additional edit suggestions. Also, the behavioral health services in schools spreadsheet was put on hold after its purpose and viability were questioned.

### Behavioral Health 2020

- The Thurston Mason Behavioral Health Administrative Services Organization service matrix is being updated.
- It was decided at the 6/26/20 SOCP meeting that the ASO would update the matrix with treatment sales tax funded services and crisis services. Also, that disclaimer language will be added to make sure families know they will need to contact their health plan to find out if the provider and their services are covered. The disclaimer was necessary because the ASO was not able to get information from health plans.
- November Notes: The only health plan to respond with information about which providers they cover, was Molina. No other health plans have provided the information and in five months, the matrix has only been updated with Molina information.
- December Notes: Since no other health plan responded, offering to share the providers and services they cover, the ASO added a disclaimer about youth/families contacting their MCO and made the matrix available to be shared.

### Increased use of culturally competent strategies for outreach to historically marginalized populations for participation in the SOCP.

The group began with our wraparound style process listing strengths and needs. The convener followed up with an email request to the group to send their votes in for the top two needs and these came back as the following:

Top Need #1: Look at current outreach and how we can improve, develop new ways to reach traditionally marginalized communities.

Top Need #2: Who or what groups are we trying to reach?

The vote results on the two top needs was announced at the 9/25/20 SOCP meeting and work began on brainstorming strategies and actions to implement those strategies.

This resulted in six individuals promised follow up with outreach to:

- Cielo and Cielo Blue
- Skokomish Tribe
- Squaxin Island Tribe
- Nisqually Tribe
- Governor's Commission on African American Affairs
- Stonewall Youth

December Notes:

- All three tribes in the region, Squaxin Island Tribe, Skokomish Tribe and the Nisqually Tribe all participated in meetings during the quarter.
- The clinical director for Cielo Programs committed to participate in the group.
- Consejo Counseling returned to the FYSPRT and attended a meeting during the quarter.
- An African American Advocate started participating this quarter.
- The connection with Stonewall Youth is a work in progress.

A request for adding representatives of physical health was made and acted on this quarter, resulting in commitment from two additional systems representatives. One that starting participating is a registered nurse with 20 years of experience outside of schools, that has just started employment with North Thurston Public Schools. The other is a registered nurse who advises

ESD 113 on COVID 19. This individual will start participating in the next quarter and was a participant in the System of Care prior to the creation of FYSPRTs.

## **Closed Item**

### Trauma Informed Care Training

- Professionals in the SOCP stated they had ample access to trauma informed care training, but families did not. Family Alliance for Mental Health offered to support families in setting up training in each of the counties (Thurston and Mason).
- A free training was set up in Mason county for 4/30/20 and completed. The Trainer was Leyna Alexander and she agreed to provide training in the future.
- A free training was set up in Thurston county with Dr. Joyce Gilbert for May 28<sup>th</sup> in Thurston county but was cancelled due to COVID 19. Attempts were made to reschedule the training using Zoom or another online method and were declined.
- The SOCP voted to close the Trauma Informed area of focus work item with the agreement that the convener would provide updates. Also, that the Thurston Juvenile Court representative who had been communicating with Dr. Gilberts' office would continue to see if the training could be re-scheduled.
- The vote was announced to the SOCP via email and at the 6/26/20 monthly meeting.
- November 2020 Note: Leyna Alexander has not responded to communication about future training. Dr. Gilbert was not able to offer an online training and COVID 19 restrictions remain in place.