



Mason Thurston  
System of Care Partnership (SOCP)  
Regional Family Youth System Round Table Partnership  
April 23, 2021 Summary Meeting Notes

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***A Youth Tri-lead called the meeting to order and made the following requests and announcement for participants to:***

- ***mute their phone when they are not speaking;***
- ***raise their hand using Zoom or on video and say their name before speaking;***
- ***avoid over-talking by waiting for others to finish speaking;***
- ***use chat or raise your hand if you are on video when you want to make a comment and***
- ***feel free to ask a question or share a comment after each agenda item.***

***The Youth Tri-lead then asked the convener to read through the roster to sign in participants and then read the vision and mission statements, followed by the eight part comfort agreement.***

***Another Youth Tri-lead read the goals of the day listed below;***

- Follow up on questions for pediatrician.
- Announce area of focus vote results.
- Begin work on the area of focus using a five step wraparound-like process.
- Share time for updates, questions and comments.

***A Co-Family Tri-lead asked if there was an update on questions for the pediatrician.***

- The Catholic Community Services participant reported that there was no update.

***A Co-Family Tri-lead then announced that votes were in and 'crisis services' was chosen as a new area of focus (work item). The System Tri-lead let the group know they would be asked to go through a process of identifying strengths, needs and strategies. Also announced that the parent who provides technical support, would be scribing during the process.***

- Strengths identified as follows:
  - Hand off and closing loop (specifically for Wise Services)
  - Medicaid – CCS Crisis program – able to contact and outreach and short term – Parent had a really good experience with the CCS Crisis, whole experience was appreciated.

- Quick to respond in school setting, helpful getting families hooked up with continuing service, families, and other systems.
- Well promoted, listed on several different websites, in schools, all over.
- Coincide with other services in our region.
- Probation - Crisis services really stepped up, positive feedback from families and representative has also had good experiences.
- CCS is always evolving the Crisis services, Crisis to Wise coordination being worked on.
- 2 crisis from CCS with special education – collaboration.
- DCR (Designated Crisis Responder-Involuntary Treatment) – funder for crisis services – worth with youth and adults – short term - AIMS program with UW
- Catholic Community Services Crisis Stabilization serves youth up to 21.
- Non-Medicaid youth can be served for 72hrs funded by Thurston county treatment sales tax.
- Referrals can come from anyone – schools, etc., not just from medical.
- Parent can self-refer to crisis services – does not have to be during a crisis, it can be done before an extreme situation occurs.
- 1 other family had good experience.
- Gentle persistence (re: crisis services follow up)
- 988 – crisis – in legislation, not a thing yet

➤ Needs identified as follows:

- 988 – crisis – in legislation, not a thing yet
- Collaboration between Wise and Crisis and TAY Wise
- Non-Med – huge need for Mason and Thurston
- Finding the youth and families in need
- Schools – not knowing, afraid to reach out due to past experience(s), not speaking up and fearing things are perceived – getting use to taking care of things themselves. Especially with Mason county
- Proper responses
- More education/training – for professionals and community
- Initial hand off for Crisis
- Stopping of services due to behavior – just odd – was given safe 911, lets the officer know who to send to home – <https://smart911.com/> It can be accessed by anyone nationwide, but I've heard not all law enforcement agencies review it/access it.
- Initial group/not clicking – reached out to supervisor, able to get new team. (Related to WISe)
- More connected when entering crisis and then the next step, professionals talking with professionals.
- Information between systems would be helpful – sharing with each other.
- Cahoots program - Here is something similar to Cahoots that Olympia police does: <http://olympiawa.gov/city-services/police-department/Crisis-Response-Peer-Navigator.aspx>

- Worked for a wraparound program similar to Wise in CA. As a wraparound worker I think that workers should be bringing in strategies to help the family build the team - family finding, getting kids connected to extracurricular activities to build this team- not stigmatize the family for not having this support. There are a lot of skills that families need to build this natural support team. (Related to WISE)
- Aware of the Mason County Quick Response Team? This is a substance use response team. 360-801-2020 or QRT@northmasonrfa.com
- Hearing from other CRISIS services in the Mason/Thurston county, getting their info – so that misleading information can be at a minimum –
- Crisis Matrix – The Administrative Services Organization participant offered to create this.
- Related to the discussion on Crisis, here is a link to the National Autism Association Toolkit (Meet the Police). I used in meeting our Tumwater Police and they appreciated it. <https://nationalautismassociation.org/store/#!/NAAs-Meet-the-Police-Toolkit/p/83636367/category=2416355>
- Working through the hard situations as it is happening – families and professionals.

➤ Additional Comments:

- Catholic Community Services Crisis Stabilization Director offered her phone number and offered to address WISE issues that were mentioned. 360-878-8248
- Parents from Family Alliance for Mental Health shared that they can offer natural supports for WISE teams.
- Educational Services District 113 participant shared information about a bill making its way through the state legislature that would require school districts to post behavioral health organizations on their websites and related social media sites. Here is a link: <https://app.leg.wa.gov/billsummary?BillNumber=1373&Year=2021&Initiative=false>
  - House Bill 1477 was shared as the 988 legislation and here is a link: <https://app.leg.wa.gov/billsummary?BillNumber=1477&Initiative=false&Year=2021>
- The Developmental Disabilities Council participant shared a link to the National Autism Association Toolkit (Meet the Police) that was shared in a meeting with the Tumwater Police and they appreciated it. <https://nationalautismassociation.org/store/#!/NAAs-Meet-the-Police-Toolkit/p/83636367/category=2416355>
- From the North Mason Schools participant about the Quick Response Team: [QRT@northmasonrfa.com](mailto:QRT@northmasonrfa.com)
- A parent shared a YouTube about ‘What if mental health workers responded to emergency calls?’ <https://www.youtube.com/watch?v=q5gfclBZ2xY>

***It was then announced by the Family Co-Tri-lead that each participant would be given two votes to vote for the top needs of their choice. One of the Youth Tri-leads started collecting the votes. Then the group was informed that an email would be sent after the meeting to make sure that everyone had an opportunity to vote.***

***A Co-Family Tri-lead asked the group if they had any program updates or anything to share.***

- The Behavioral Health Resources participant let the group know that she is filling in for the New Journey's director who is on temporary leave.
- The North Mason Schools participant shared that Peninsula Health offers a COVID shot clinic on the high school campus taking drop-ins on Wednesdays.
- The Educational Services District 113 is hosting a virtual Mental Health First Aid training on Saturday April 24<sup>th</sup> and there is space available. A flier was shared with the group.
- The Developmental Disabilities Council parent liaison shared that a draft of the state plan has been completed. He also let the group know that the goal is around public and private collaboration to improve outcomes for individuals with intellectual disabilities. Also to develop culturally relevant Evidence Based Practices. In addition, he mentioned that Evelyn Perez has retired and Deb Roberts has been appointed.
- Parents from Family Alliance for Mental Health shared that they have support meetings every week on Wednesdays and Thursdays.

***The meeting was adjourned after the Co-Family Tri-lead thanked everyone for their participation and it was announced that the next meeting would be on May 28<sup>th</sup>.***