

Vision Statement

We are a community working together to strengthen sustainable resources for the individual behavioral health needs of children, youth and families.

Mission Statement

Through respectful partnerships, families, youth, systems and communities collaborate, influence and provide leadership to address challenges and barriers by promoting cohesive behavioral health services for children, youth and families.

Definition of Recovery

Recovery is a process of growth where individuals heal and build resilience while overcoming adversity and achieve a healthy state and improved emotional wellness, while having a safe place to receive support and call home.

For More Information Contact:

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Convener

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Our Leadership Team

Spencer McQuilkin
Youth Tri-lead

Alex Jacobson
Youth Tri-lead

Jacque Ward
Family Tri-lead

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Family Tri-lead

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System Tri-lead

Donna Kelly
System Tri-lead



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Youth, Families, Systems and the Community Working Together

Youth Mental Health First Aid

Clippings from our Facebook page...

Sometimes, first aid isn't a **bandage**, or **CPR**, or the **Heimlich**, or calling **911**.

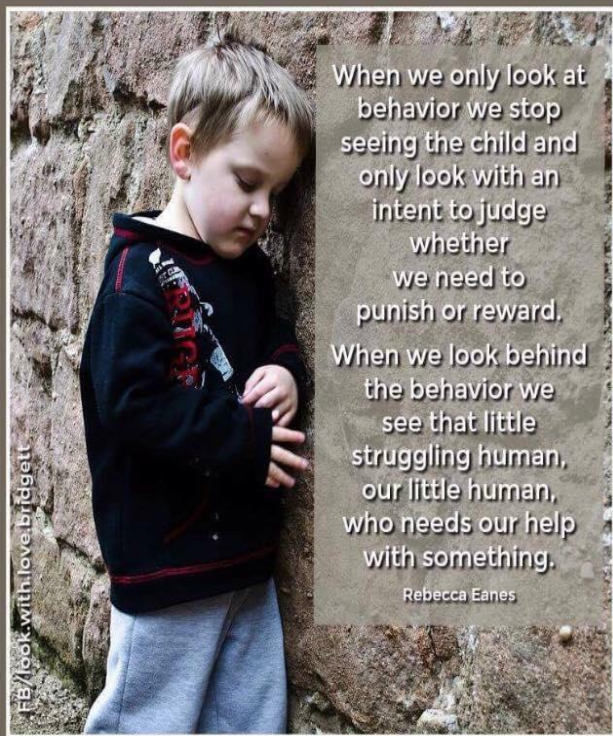
Sometimes, first aid is **YOU!**



A young person you know could be experiencing a mental health challenge or crisis. You can help them.

You are more likely to encounter someone in crisis during everyday life. You are more likely to encounter someone in crisis during a crisis. You are more likely to encounter someone in crisis during a crisis. You are more likely to encounter someone in crisis during a crisis.

Sometimes the best first aid is you. Take the course, save a life, strengthen your community.



Behavioral Health Resources

Capital Region Educational Service District 113

Catholic Community Services

Community Health Plan of Washington

Community Youth Services

Coordinated Care

Department of Children Youth and Families

Family Alliance for Mental Health

Family Education & Support Services

Juvenile Rehabilitation Administration

Mason County Juvenile Court

North Thurston Public Schools

Olympia School District

Peer Olympia

Port of Support

Sea Mar Behavioral & Community Health Care

Shelton School District

Skokomish Indian Tribe

Thurston County Juvenile Court

Thurston Mason Behavioral Health Administrative Services Organization

United Health Care

Youth and Families

**Find Behavior Health Services
at the hub...
visit systemofcarehub.com**



System of Care Partners Comes Alongside to Help in Times of Need

This site is provided by a coalition of Behavior Health Service Agencies offering a wide range of services in Mason and Thurston Counties of Washington State. Most (but not all) of the programs are geared toward helping school-age children with behavioral health issues.

If you are the parent or guardian of a child that needs help, our goal is to help you locate and explore programs near you that can provide the help your child needs.

For more information visit the website www.familyallianceformentalhealth.com then select the System of Care Partnership page