



Mason Thurston System of Care Partnership (SOCP) Regional Family Youth System Round Table Partnership December 18, 2020 Summary Meeting Notes

A System Tri-lead called the meeting to order and made the following requests and announcement for participants to:

- ***mute their phone when they are not speaking;***
- ***raise their hand using Zoom or on video and say their name before speaking; and***
- ***avoid over-talking by waiting for others to finish speaking.***

The System Tri-lead asked the convener to read through the roster to sign in participants.

A Co-Youth Tri-lead then read the vision and mission statements, followed by the eight part comfort agreement.

Another Co-Youth Tri-lead read the goals of the day listed below;

- Share behavioral health assessments document workgroup update and ask for feedback on flow-chart.
- Review behavioral health in schools spreadsheet and request updates.
- Share behavioral health services matrix update.
- Share updates on increasing representation of historically marginalized populations.
- Share Wraparound with Intensive Services (WISe) outcome data and information.
- Share youth online meeting update.
- Share update on Co-System Tri-lead position and announce request for vote.
- Make request for evaluations.
- Time for sharing new programs, updated programs, questions and comments.

A Co-Family Tri-lead asked for the behavioral health assessments documents to be displayed. She then shared an update from the workgroup, explaining each part of the flowchart in detail and that it could be used as a tool.



Dec_2020 Guide to
Assessments Chart BV



Dec_2020 Guide to
Assessments Chart BV



Dec_2020 Guide to
Assessments Chart Co

- Participants were asked for comments and here are the highlights:
 - The Juvenile Rehabilitation representative was thankful for the hard work on the flowchart and that it was an amazing document.
 - A youth commented 'good job'.
 - A parent commented, "excellent charts".
 - A parent told the group that she gets frustrated and that the document is perfect, that it provides a starting point and has a good format.
 - Another parent from Mason county mentioned court ordered assessments and that they are not a referral.
 - The Educational Services District 113 (ESD 113) representative stated that if this is a youth on probation, they provide options and time frames for assessments.
 - The Mason county juvenile court representative explained that families are given resources and funding for court ordered assessments.
 - The Consejo Counseling representative said that they can provide assessments and treatment for substance use disorder (SUD).
 - Note: Consejo Counseling is in Mason county.
 - There was a discussion about whether or not to include initials for credentials. The workgroup had decided not to include them to avoid inclusion of a key and wanting to use plain language overall in the document.
 - A behavioral health provider and a schools representative agreed that initials credentials do not need to be included.
 - The Family Education and Support Services (FESS) representative also agreed.
 - Another discussion about including Health Care Authority (HCA) contact information on the document included the following highlights:
 - Comments from parents;
 - We could include the HCA website and the 800 number.
 - We could include HCA information on the back.
 - Doctor's office or emergency room can offer contact information for assessment referrals such as neurology.
 - The Thurston Mason Behavioral Health Administrative Services Organization (TMBHASO) representative said that HCA would just direct families back to their health plan.
 - The ESD 113 representative shared that it would be best to contact health plan but also mentioned that we need to think about families that are uninsured.
 - The FESS representative commented that this was a very impressive document and helpful.
 - The Molina representative said that they could tell that lots of thought went into the document and said "thank you for this".
 - The Amerigroup representative commented that this was really great work, "this is awesome".

The Co-Family Tri-lead then asked that for the behavioral health in schools spreadsheet to be displayed for the group. Following are comments from the discussion:



Thurston and Mason
Schools by Provider.1:

- Consejo Counseling provides services in all Mason county schools as needed, but they are not embedded.
- True North is only in schools they are embedded in or as available for students in a specific school year. Embedded means that referrals come from within the school.
- The North Mason Schools representative asked about the purpose of the spreadsheet and mentioned they have lots of Memorandums of Understandings with agencies. Also, that sometimes schools are the only place students can get help. But there are limitations to these services that are not funded by school districts.
- The ESD 113 representative asked whether this is a necessary document for this group any more, since schools already make mental health available for families. Adding substance use disorder treatment could make it messy. There are also concerns that parents believing student's needs will be met. Also that these are insurance based services. She asks that this item be put in the parking lot until after the pandemic, due to these uncertain times when not every service is in-person and services are not all embedded.
- The Community Youth Services representative commented that it is a helpful document but not all schools are aware of it. Also, that having a work group is a good idea, but needs to wait until after the holidays and then ask about it again.
- The TMBHASO representative told the group that the original purpose of the document was to identify gaps in mental health services in schools.

A System Co-Tri-lead then asked for the Behavioral Health Services Matrix to be displayed and asked for an update.



Thurston Mason
Service Matrix with Pr

- The TMBHASO representative shared the evolution of the document from the time when they were a Behavioral Health Organization (BHO). She also mentioned that families need to check with their health plan to see if there is coverage for services on the matrix.
- The representative also told the group that the matrix is now available to be shared.

Another System Co-Tri-lead then asked for an update from the convener on outreach to marginalized populations in order to increase representation on the System of Care Partnership. Highlights follow:

- Connections with all area tribes have been made and we've seen increased participation.
- The Cielo Programs director has committed to join the System of Care Partnership (SOCP)
- Consejo Counseling has agreed to send staff (present today).
- Due to conversations with the chair of the Governor's Commission on African American Affairs, a connection has been made with a local advocate who has agreed to join the SOCP.
- A new North Thurston Public Schools nurse with 20 years nursing experience outside of schools has agreed to join the group.
- An ESD 113 nurse who provides COVID consultation for the ESD has agreed to re-join the group but cannot be here until January.
- An Olympia Pediatrics doctor has agreed to provide consultation if we need it.
- The Catholic Community Services embedded mental health staff at Olympia Pediatrics can join the group if we believe that will help with physician representation.
- The Shelton Schools homeless liaison has agreed to join the SOCP.
- Help is needed for connections with Stonewall Youth or Pizza Klatch.
- The Community Youth Services (CYS) representative suggested that we need physical health representation and mentioned Olympia Pediatrics as a resource. The convener

A Co-Family Tri-lead then asked for the Wraparound with Intensive Services (Wise) update from Community Youth Services.



Dec2020_SOCP
Meeting MST Outcome

- The Multisystemic Therapy (MST) program director described the program and explained the outcomes in a document displayed for the group.
 - A parent asked if this program was similar to Applied Behavioral Analysis.
 - The director replied that there was more work with parents in this program and discussed rule-outs such as youth with Autism and behaviors that are rooted in developmental disabilities.
 - The Juvenile Rehabilitation representative asked if the program works for their population.
 - The director responded with saying that the program was designed for youth with court involvement at the county and state level.
 - The North Thurston Public Schools nurse said that this was exciting information to have in the community and showing benefits.
 - Juvenile Rehabilitation and ESD 113 thanked MST.



Dec_2020 TAY
SOCppt.pptx

- A power point presentation was displayed for The Transition Age Youth program and outcomes were explained by CYS staff.
 - The director of the TAY WISE program shared that there were immediate openings available.
- A parent thanked everyone for all of the hard work.

The convener then explained to the group that the TAY Wise program presentation would continue at the January SOCP meeting since there wasn't enough time left in the meeting to finish it. Also, that invitations were sent for the January youth-only SOCP meeting and information about how more youth could sign up would be sent to the group. In addition, there would be an email sent to request a vote for a new Co-System Tri-lead who is interested in the position.

A Co-System Tri-lead then adjourned the meeting, after thanking everyone for their participation and announced the next meeting will be held on January 22nd.