

# WISE News **Fall 2021**

## Program Updates



The Transition Age (TAY) Youth WISE program at Community Youth Services (CYS) serving Medicaid eligible youth ages 15 to 20 has openings. This youth-guided intensive program uses a hybrid model that includes in-person and a tele-health solution.

Program Contact: 360-918-7860 or [ICD@communityyouthservices.org](mailto:ICD@communityyouthservices.org)

The Multisystemic Therapy (MST) WISE program at CYS for youth ages 12-17 not only supports the youth, but also helps the family. Since starting MST at CYS in 2013, MST has effectively helped 86% of the families served with ensuring they have parenting skills to handle future issues; 86% of families with having improved family relationships and 89% of families with improving their network of supports. We are continuing to use a hybrid approach of offering in-person and tele-health sessions during the pandemic.

Program Contact: Tricia Wiltse 360-918-7889 or [twiltse@communityyouthservices.org](mailto:twiltse@communityyouthservices.org)

Catholic Community Services (CCS) is seeing youth and families in person as frequently as possible, depending on the current COVID safety directives for the agency and Washington state. We are working to add two additional teams to serve WISE families and we anticipate being able to increase the number of families once these new staff are hired and fully trained. Our peers have been engaged in an intensive training for the last six months. We're very excited about the new learning, which is focused on keeping family voice at the center of their WISE intervention. We have also added youth peers for WISE youth 12 and over and by request for younger children.

Program Contact: Heidi Williams 360-791-0785 [heidw@ccsww.org](mailto:heidw@ccsww.org)

Direct link to WISE on the web with a downloadable referral form or call Donna at 360-790-7505:  
<https://www.familyallianceformentalhealth.com/wise-programs.html>