



Mason Thurston
System of Care Partnership (SOCP)
Regional Family Youth System Round Table Partnership
January 22, 2021 Summary Meeting Notes

A System Tri-lead called the meeting to order and made the following requests and announcement for participants to:

- ***mute their phone when they are not speaking;***
- ***raise their hand using Zoom or on video and say their name before speaking; and***
- ***avoid over-talking by waiting for others to finish speaking.***

The System Tri-lead asked the convener to read through the roster to sign in participants.

A Co-Youth Tri-lead then read the vision and mission statements, followed by the eight part comfort agreement.

A Co-Family Tri-lead read the goals of the day listed below;

- Share Wraparound with Intensive Services (WISe) outcome data and information.
- Share behavioral health assessments document workgroup update and ask for input.
- Discuss sharing of behavioral health services matrix.
- Offer time for sharing new or existing program updates, questions and comments.

A Co-Family Tri-lead then asked for the Wraparound with Intensive Services (WISe) Transition Age Youth (TAY) program update from Community Youth Services (CYS). This presentation was continued from December to include Behavioral Health Assessment System data.

- The TAY director explained the program and let the group know there were openings available and asked if there were any questions.
- Then the BHAS data (links below) was displayed for The Transition Age Youth program and outcomes were explained by CYS staff. Hit control + click to open each document.
 - CYS BHAS information includes TAY, Multisystemic Therapy and foster youth data.

[BHAS Average Impact Data](#)

[BHAS Collaborative Formulation Data](#)

[BHAS Strengths Development Data](#)

Another Co-Family Tri-lead asked for the behavioral health assessments documents to be displayed. She then shared details about the updates completed by the work group on each version of page one and changes to page two. The group was then asked for their input about the changes. Following are links to the documents and highlights from the discussion – hit control + click to open each document:

[Assessment Guide Page One – 1](#)

[Assessment Guide Page One – 2](#)

[Assessment Guide Page Two](#)

- Question One: Which version of page one should be included in the document?
 - Here are some of the comments:
 - Four parents and one youth wanted the version of page one that has less language and refers to page two for descriptions of the professionals.
 - One parent commented that it is best to keep it simple and that applies to crisis information too.
 - One parent wanted both versions.
 - It was noted that there are professionals and parents on the work group.
- Question Two: Should credentials be included or not and what do you think about how they are included on page two, i.e. Mental Health Professional (MHP) and others, with a link to the Washington Administrative Code?
 - Here are some of the comments:
 - Professional commented that the Substance Use Disorder Professional should have a T at the end for Trainee.
 - Parent commented that trainees would have an obligation to let individuals know they are a trainee.
 - Professional commented that there is a need for clarity and consumer protection. This group has a good understanding but others don't. The document is for families who haven't navigated the system yet.
 - More professional's comments about consumer protections:
 - ✓ Some consumer protections are already there. Licensing by the Department of Health (DOH) covers up to and including Ph.D's and also includes agency affiliated Certified Peer Counselors, licensed mental health counselors and licensed mental health professionals.
 - ✓ Mental health services covered by Medicaid and private insurance include some protections also.
 - ✓ Cash payments to providers may mean a lack of protectons.

- ✓ Agencies hiring mental health professionals check with the DOH to see if there are complaints listed and also run background checks.
- ✓ Mental health professionals need to have a license with the DOH and their license number should be on their disclosure form. Documents like these empower consumers. The license number on the form can be used to look them up at the DOH.
- A parent commented that it will be easier to change a link than to list all the credentialed individuals. It is a great document either way. Families appreciate being directed where they need to go, but some of the work needs to be done ourselves, not being hand-fed everything. We don't need all the acronyms, simpler is better.
- A professional said that credential initials MHP is confusing. It should say licensed through DOH or community behavioral health. Agency affiliated is important to include.
- Another professional said there is an excluded provider list and is concerned that there are lots of layers to this. This may be difficult to find and we probably need to add the 'provider credential search' to the document.
 - <https://www.doh.wa.gov/LicensesPermitsandCertificates/ProviderCredentialSearch>
 - One more professional agreed that families need to be able to check using the credential look-up.
 - Another said we need to remove MHP and replace it with a provider link.
- A registered nurse told the group that if you don't have a date of birth, you will not be able to look up these professionals.
- Other professionals said that each professional should have a disclosure form and that licenses are typically posted in offices, but don't travel with them.
- A parent mentioned that families don't know what they are supposed to be looking for and we need to have links on the document.
- The convener was asked about next steps. She replied that we would take this input to the workgroup, implement changes and bring the document back to the large group. She also asked that the professionals will be needed at the next workgroup meeting.
- One of the professionals from the workgroup offered to have anyone from the large group send comments to her via email and posted it in chat: sellsworth@esd113.org

A System Co-Tri-lead then asked for the Behavioral Health Services Matrix to be displayed and asked the group about sharing this document that includes services, levels of care and contact information. She also let the group know that she had contacted her organization's technology department so that the document could be posted on their (provider) website and it will be shared with their outside contacts. In addition she let the group know that the

document had been posted on the System of Care Partnership web page and can be posted on the systemofcarehub.com site as well.

Thurston Mason Behavioral Health Services Matrix

- The convener shared that she receives comments about needing to increase sharing items the group has created with the community.
- There was a question about sharing it with probation counselors and others. The convener answered that we have juvenile court representatives that participate in our meetings and they are free to share the document.
- A Co-Family Tri-lead asked if the document was ready for sharing and the response was that it had been offered for sharing in December and sent to the group. She also asked if the document could be printed out.
- The Thurston Mason Behavioral Health Administrative Services Organization (TMBHASO) representative told the group that there were a few more changes to be made to the matrix, but that she would work on those and send the document in a few days, after they were completed (link above).
 - She also let the group know that it can be printed out but it would require 11 x 14 size paper.
 - The convener added that due to the pandemic it is more likely to be shared electronically with others.

A Co-Youth Tri-lead asked the group if they had any program updates or anything to share.

- The dads group facilitator from Family Alliance let the group know that dads are still meeting and using Zoom.
- The registered nurse from Educational Service District 113 (ESD 113) has re-joined the group. She shared her job responsibilities which include health services, working with school nurses, the Gravity program and education advocacy. However, most of her time is spend on being a COVID 19 advisor for the ESD these days. She shared her email in chat, for anyone who has questions or wants to contact her: lnelson@esd113.org
- The Co-Youth Tri-lead shared about the youth-only Zoom meetings on first Fridays of the month at 3 pm. The next will be on February 5th. There was a question to the convener about who to contact that can share information about the meetings and was told that it was the Co-Youth Tri-lead, Sebastian Compton. Then the convener was asked and promised to send information out about the youth group. This information was sent and had also been sent in November and December of 2020.

A Co-Youth Tri-lead then adjourned the meeting, after thanking everyone for their participation and announced the next meeting would be on February 26th.