



**Vision:** *We are a community working together to strengthen sustainable resources for the individual behavioral health needs of children, youth and families.*

**Mission:** *Through respectful partnerships, families, systems and communities collaborate, influence and provide leadership to address challenges and barriers by promoting cohesive behavioral health services for children, youth and families.*

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FRIDAY JANUARY 27<sup>TH</sup> FROM 10 AM UNTIL NOON

ZOOM LINK: [HTTPS://US02WEB.ZOOM.US/J/5857207072](https://us02web.zoom.us/j/5857207072)

Call In: 1-253-215-8782 Meeting ID: 585 720 7072

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## AGENDA

### Welcome (18)

- Zoom Tools/Information
- Introductions
- Reading of Vision & Mission
- Comfort Agreement
- Tri-lead Listening Statement

### Today's Goals (2)

- Area of Focus
  - Voting for top three items from the list of potential goals.
  - Reminder about the collection of stories and workgroup.
- Share Time

### Area of Focus – More Mental Health Awareness in Schools (45)

- Voice or Chat Vote – Top Three on Items (Page Two)
  - Questions/Comments
  - Reminder: Collection of Stories and Workgroup
  - Questions/Comments
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## Share Time (30)

- Questions or comments about today's goals/agenda.
- General Sharing
- Information/Announcements
- New or Existing Program Updates
- Additional Questions/Comments

## Adjourn

This is the list of potential goals mentioned in the agenda related to our area of focus, which is about more mental health awareness and fluency taught in schools, to parents and to staff.

- A. Opportunities for youth to volunteer with other kids to help – everyone learns and this provides mentorship opportunities for kids. Matching kids based on strengths and needs – pairing a youth with great ability to manage their energy, for example, with a youth who needs additional skills in this area. Students to be able to mentor students at other schools.
- B. Mental health initiatives at schools to create/inform around mental health needs – student driven and led (SOCP do the initiative?)
- C. Classes do an activity that elicits ideas from students – what can we do better/change? Anonymous notes. Consider providing incentives like gift cards for small amounts.
- D. Schools to share resources and trainings about signs to look out for around domestic violence in student's homes.
- E. Teaching modules about safe and loving relationships – early dating, friends, understanding good vs bad signs in relationships – early intervention and skills training for prevention.
- F. Short seminars to create shared understanding around domestic violence and mental health – BLOOM (Texas) Motivational speakers in the schools around mental health – one suggestion is Erin Jones, <https://www.athenaplace.com/erin-jones>
- G. Collaborate with social – emotional learning coordinator for Oly Schools. Adult social-emotional learning is important too (invite to SOCP?)

## Contacts for Questions, Comments or Concerns

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<https://www.familyallianceformentalhealth.com/system-of-care-partnership.html>