



Vision: *We are a community working together to strengthen sustainable resources for the individual behavioral health needs of children, youth and families.*

Mission: *Through respectful partnerships, families, systems and communities collaborate, influence and provide leadership to address challenges and barriers by promoting cohesive behavioral health services for children, youth and families.*

FRIDAY JANUARY 26TH FROM 10 AM UNTIL NOON

ZOOM LINK FOR ONLINE PARTICIPATION: <https://us02web.zoom.us/j/5857207072?omn=89106779717>

CALL IN: 1-253-215-8782 MEETING ID: 585 720 7072

YOUTH TEXT GROUP

JOIN BY SENDING A TEXT TO MONTY AT 360-229-3818.

ZOOM OPERATOR

TEXT 206-276-2026 OR EMAIL FAMILYALLIANCECHERISE@GMAIL.COM

FOR ANYONE HAVING TROUBLE JOINING THE MEETING.

FOR ANYONE UNABLE TO ACCESS CHAT AND PREFERS TO SHARE WITH THE GROUP THROUGH THE ZOOM OPERATOR.

AGENDA

Welcome (15)

- Zoom Tools/Information
- Zoom Link: <https://us02web.zoom.us/j/5857207072?omn=89106779717>
- Introductions
- Reading of Vision & Mission
- Group Agreement
- Tri-lead Listening Statement

Today's Goals (1)

- Area of Focus – Follow Up on Assignments
- Sharing School Resources

- Share Time

Area of Focus (60)

- Access to Mental Health Services - Task Assignments (pages 3 & 4)
 - Hub
 - Matrix
 - Telehealth
 - Penetration Data
 - Social Media
- Follow Up – Next Steps
- Questions/Comments

Sharing School Resources (20)

- School Districts/Educational Services District
- Questions/Comments

Share Time for All (20)

- Questions or comments about today's goals/agenda.
- Information/Announcements
- New or Existing Program Updates
- Services/Resources
- Questions/Comments

Adjourn

Area of Focus

More mental health providers available to young people and their families regardless of income and health insurance. This would be a change in the system as well as services rendered.

January 2024 task assignment follow up from December 2023 meeting

1. Determine now what mental health services are currently available to everyone regardless of insurance – report this info back to the group
 - a. What will be done with this information and do the following items address this statement?
 - b. One participant supports this idea.

- i. (Hub update and make sure info is current) – is there access information available there? – **Jacque and Donna O.** are willing to help with this
 - ii. Needs to be shared with this group so they can share with others
 - iii. Need to make sure that the group is aware of disparities of available services based on insurance situations (both Medicaid and non-Medicaid)
 - iv. Check out systemofcarehub.com
 - v. Need to learn about options for receiving care if not insured or privately insured
 1. Consider providing “tips and tricks” for accessing insurance for youth- maybe developing a document (guide) to support? Great idea for a next-steps strategy.
2. Share and provide the matrix that was developed by this group to SOCP participants. The matrix shows all of the mental health and crisis services available to youth and families in our areas. Have the matrix shared at the SOCP again, in light of this new goal to identify services that are available based on insurance coverage, funding, and demographics.
 - a. Five participants support this idea.
 - b. A request has been sent to **Amy Martin** at the Behavioral Health Administrative Services Organization, asking her to share matrix information.
3. Explore Telehealth options that are available regardless of state or county and bring this info back to the SOCP
 - a. Four participants supported this idea.
 - b. Ask if anyone is willing to work on this and bring information back to the group?
 - i. **Brandi, Dena, Jana – Brandi will lead**
4. Look into regional demographics – which areas don’t have access? Who accesses services by zip code? What are the barriers around access for those who don’t have accessible contact info?
 - a. Three participants support this idea.
 - b. Ask if the Managed Care Organizations and Administrative Service Organization if they could share this information
 - i. **Donna O. and Heidi** will contact MCOs, ASOs and HCA to see what info they can provide and bring this info back to the group
 - ii. Penetration rate information would be most helpful – “penetration rate” means are all people getting the same access to services, regardless of location, age, race, etc? Service intensity and type of service is also an area we could use info around.
 - iii. Who else do we need to ask to get information about the same info for private insurance folks?
5. What are organizations and systems doing to share info about available services? Collect info and report back to the group.
 - a. Two participants support this idea.
 - b. Ask if anyone is willing to share this information and if so, what would we do with it?

Kelly Monthie, Youth Navigator Program Coordinator with the ASO, will help with this.

6. What are agencies, systems and organizations doing on social media to make people aware of available services? What are the pluses and minuses of using social media to spread the word? Report back to SOCP
 - a. Three participants support this idea.
 - b. Who in addition to Olympia School District is using social media to make people aware of available services and what is the plan after we get report-backs and discuss the pluses and minuses of using social media? What do we do with this information?
 - i. The Olympia School District uses QR codes, post info about client services that you can access through text. We have info on our website and in social media posting regarding MH services in our district, community, and national. Most youth are not on Facebook. X (formally known as Twitter) as well as Instagram and Snapchat seems to be the main spaces. Oh, and discord.

Kelly Monthie will also ask about social media use for spreading the word in her work above, on #5. Send info you already know about to Kelly – email in chat kelly.monthie@tmbho.org

Contacts for Questions, Comments or Concerns

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Story Group Resource and Technical Assistance

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