



Mason Thurston
System of Care Partnership (SOCP)
Regional Family Youth System Round Table Partnership
June 25, 2021 Summary Meeting Notes

A Youth Tri-lead called the meeting to order and made the following requests and announcement for participants to:

- mute their device when not speaking;
- avoid over-talking by waiting for others to finish speaking;
- use chat or raise a hand if using video or say your name before speaking if not using video, when you want to make a comment;
- stay on topic as we move through the agenda;
- be patient as we learn how to use some processes online that were previously completed in person;
- feel free to share a question or comment after each agenda item.

The Youth Tri-lead then asked the convener to read through the roster to sign in participants.

A Family Tri-lead then read the vision and mission statements.

Another Youth Tri-lead read the eight part comfort agreement.

The Family Tri-lead then read the goals for the day;

- Two Crisis Services Presentations
- Hybrid Meetings Proposal & Discussion
- Share time for updates, questions and comments.
- Evaluations Reminder

Another Family Tri-lead let the group know there would be two presentations by crisis services providers beginning with Olympic Health and Recovery Services (OHRS). However, the Administrative Services Organization representative explained that OHRS was unable to present due to an unexpected meeting with the Mason county commissioner and a meeting about 988.

The Family Tri-lead then asked the Catholic Community Services (CCS) participant to start their presentation about crisis stabilization services.

- <E:\MTWIMarch2015\flash\FAMHMarch2014\030.zip> [Click here for a link](#) to the PowerPoint that was presented for the group. Hit control and click to follow link or send a message to familyalliancewashington@gmail.com if you are unable to open it. Contact information for both presenters is included in the document.
- Here are some highlights from the presentation and discussion:
 - Crisis stabilization services connects with youth in their home and community, not in a facility.
 - When you call for help at 360-480-5721, be prepared to see the clinician in your home within two hours. Or in an agreed upon location in the community.
 - These services are available in Thurston and Mason counties.
 - The number of days mentioned in the document are the outer limit of service days.
 - Thurston county uses Treatment Sales Tax dollars (1/10 of 1%) to serve youth not eligible for Medicaid for up to 72 hours. We want to see those hours/days increased.
 - Only Medicaid eligible youth can be served in Mason county.
 - CCS does not define crisis. Families define crisis.
 - CCS does want to decrease hospital emergency department traffic.
 - Families asked for a definition of Accountable Communities of Health.
 - ACHs are independent, regional organizations. They work with their communities on specific health care and social needs-related projects and activities. This work seeks to improve the health of people in Washington State. ACHs play an integral role in Washington's Medicaid Transformation Project (MTP) efforts. Although MTP is Medicaid-focused, ACHs are working in many ways to improve the health of their communities as a whole. More information can be found by clicking on [this link](#). This link will lead you to our regional ACH, the Cascade Pacific Action Alliance.
 - Advancing Integrated Mental Health Solutions (AIMS) was mentioned and a definition was requested. Here is a [link to AIMS](#).
 - CCS crisis stabilization services will begin serving youth in detention on July 1st.
 - There was a question from a schools participant in Mason county asking about how non-Medicaid services got started in Thurston county and who has control of the dollars. This was answered with the following statements.
 - Treatment Sales Tax (1/10 of 1%) funds non-Medicaid services. There is an advisory committee in Mason county and they advise the county commissioners. Each county controls how those dollars are spent.
 - Non-Medicaid Wraparound with Intensive Services (WISe) are also funded by Treatment Sales Tax funds in Thurston county. All slots are currently full.
 - There was a question about Multisystemic Therapy (MST) and Transition Age Youth WISe and needed an explanation of the programs. Click on these links: [MST link](#). [TAY link](#). There are contacts in the links or you can call 360-790-7505 or email the WISe Coordinator at familyalliancewashington@gmail.com

- There were questions about serving youth with Autism and developmental/intellectual disabilities.
 - There was a discussion about individuals with Autism and/or developmental/intellectual disabilities can receive treatment for mental health needs if there is a mental health need and diagnosis.
 - Autism is not a mental health diagnosis but youth with Autism can also have a mental health diagnosis.
 - CCS has an Autism consultant who is also a dad with lived experience and leads an Autism program at University of Washington.
- Clarification was provided about the difference between 911 and CCS crisis services.
 - CCS crisis services does not respond to calls for example, when a child is in immediate physical danger, such as standing in the middle of the road.
 - There was further discussion about a specific situation when there has been a problem with response in Mason county due to a child's behaviors. The parent was asking about how to distinguish between when they should call 911 or CCS crisis services.
 - 911 is immediate response related to physical safety needs and CCS crisis services responds within 2 hours for mental health related needs.
 - A school participant suggested contacting a liaison officer in the Belfair area about challenges with response from law enforcement.
 - A parent asked if it was a good idea to register their child with local law enforcement.
 - One suggestion in answer to this question, was to check with their local law enforcement.
 - One comment was that it may be possible to register but there are questions about whether records are kept and how this would alter any law enforcement response.
 - There was a brief discussion about House Bill 1310 about use of force and a [link to more information about the bill \(as passed\)](#) was sent to the group after the meeting.
- The Administrative Services Organization brought up the 988 and navigator positions as a work in progress. [Click here](#) for some background information about 988.
- There was a discussion about long wait times for psychiatric inpatient beds that has caused boarding in the emergency department of the hospital. Boarding is the term used when youth are sometimes placed in hallways of the emergency department on a bed while waiting for inpatient treatment.

- The United Healthcare participant shared about a workgroup that includes the Department of Health, the Administrative Services Organizations and others, to work on the bed shortage.
 - Crisis services are designed as a hospital diversion program.
 - Anyone can make a referral to CCS crisis.
 - Families can call in-between crisis episodes to get help with safety planning.
- Clarification was provided about the difference between WISE and CCS crisis services. More details can be found in the PowerPoint document.
- A parent asked whether the information about crisis services being shared had been updated or has always been the crisis model.
 - The answer was that the model being presented has always been the CCS crisis model.
- A detailed explanation was provided about the difference between a Certified Peer Counselor, who is someone with lived experience, has completed the state training and is a 'connector' and a para-professional, who functions as a treatment extender with either an Associates or Bachelor's degree.
- A few links and other items shared:
 - <https://www.hca.wa.gov/health-care-services-supports/behavioral-health-recovery/mental-health-crisis-lines>
 - <https://www.doh.wa.gov/YouandYourFamily/InjuryandViolencePrevention/SuicidePrevention/HotlinesTextandChatResources>
 - Trevor Text 678-678 Text Start to connect, Trevor Talk call 1-866-488-7386 for [LGBTQIA+](#) youth.
 - <https://www.smart911.com/>
 - <https://www.familyallianceformentalhealth.com/apps.html> (notok app is on this page-mentioned during last couple of meetings)
 - www.leg.wa.gov and enter 1310 for the House Bill that was discussed during the meeting, using 'bill finder' on the page/site. A link to the bill was also sent out in an email after the meeting and a direct link is included in these notes (above).

A Family Tri-lead asked the group if they had any program updates or anything to share. She also shared that the convener would send an email to ask if anyone wanted Dr. Beth Harvey from South Sound Pediatric Associates, to provide a COVID 19 training.

- The Behavioral Health Resources (BHR) participant shared that they are slowly transitioning to in-person services and that youth/families can request in-person services.
- A parent shared positive comments about how well the group has done during the time we have met and continued our work during the pandemic.
- A parent shared that the Washington State Community Connectors wants to create a statewide hub modeled after the hub created by our System of Care Partnership.

The meeting was adjourned after the Family Tri-lead thanked everyone for their participation and it was announced that the next meeting would be on July 23rd.