

## Vision Statement

We are a community working together to strengthen sustainable resources for the individual behavioral health needs of children, youth and families.

## Mission Statement

Through respectful partnerships, families, youth, systems and communities collaborate, influence and provide leadership to address challenges and barriers by promoting cohesive behavioral health services for children, youth and families.

### **For More Information Contact:**

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**Convener**

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### **Our Leadership Team**

**Sebastian Compton**  
**Youth Tri-lead**

**Emily Lockhart**  
**Youth Tri-lead**

**Jacquelyn Ward**  
**Family Tri-lead**

**Lauren Farmer**  
**System Tri-lead**



**MASON & THURSTON**  
**COUNTIES**

# Youth, Families, Systems and the Community Working Together

## Clippings from our Facebook page...

### Youth Mental Health First Aid

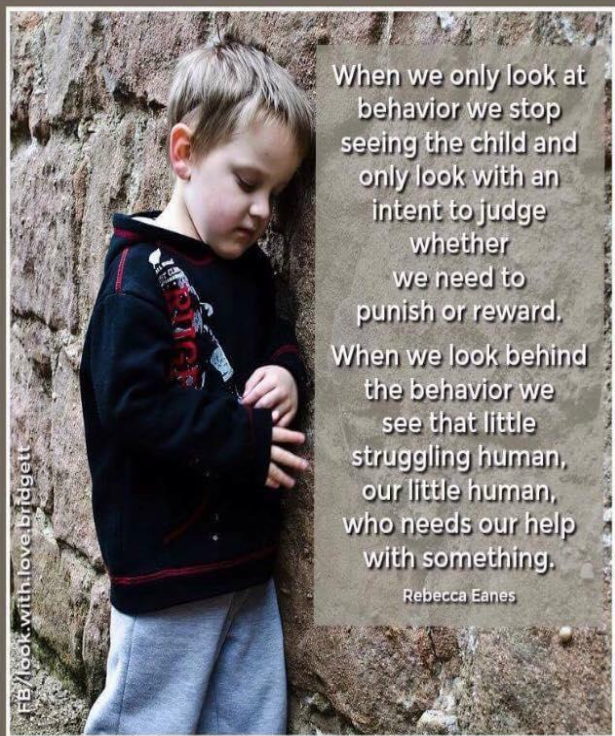
Sometimes, first aid isn't a **bandage**, or **CPR**, or the **Heimlich**, or calling **911**.

Sometimes, first aid is **YOU!**



A young person you know could be experiencing a mental health challenge or crisis. You can help them! You are important. As a trusted someone — friend, family member, teacher, coach, or community member — you can help someone in need of mental health support. You can help someone in need of mental health support by learning the skills and knowledge to offer support. You can help someone in need of mental health support by learning the skills and knowledge to offer support. You can help someone in need of mental health support by learning the skills and knowledge to offer support. You can help someone in need of mental health support by learning the skills and knowledge to offer support.

Sometimes, the best first aid is you. Take the course, save a life, strengthen your community.



- Amerigroup Washington
- Behavioral Health Resources
- Capital Region Educational Service District 113
- Catholic Community Services
- Children's Administration
- Community Youth Services
- Coordinated Care Washington
- Department of Children, Youth & Families
- Family Alliance for Mental Health
- Family Education & Support Services
- Family Recovery Court
- Juvenile Rehabilitation Administration
- Mason County Juvenile Court
- Molina Healthcare
- North Mason School District
- North Thurston Public Schools
- Olympia School District
- Sea Mar Behavioral & Community Health Care
- Skokomish Tribe Education
- Squaxin Island Tribe Behavioral Health
- Thurston County Juvenile Court
- Thurston Mason Behavioral Health Administrative Services Organization
- Thurston Mason Crisis Clinic
- United Healthcare
- Youth and Families

## Welcome to the System of Care Hub!



### System of Care Partners Comes Alongside to Help in Times of Need

This site is provided by a coalition of Behavior Health Service Agencies offering a wide range of services in Mason and Thurston Counties of Washington State. Most (but not all) of the programs are geared toward helping school-age children with behavioral health issues.

If you are the parent or guardian of a child that needs help, our goal is to help you locate and explore programs near you that can provide the help your child needs.

Find this at [systemofcarehub.com](http://systemofcarehub.com) or on our web page.

For more information visit the website [www.familyallianceformentalhealth.com](http://www.familyallianceformentalhealth.com) then select the System of Care Partnership page