

MASON/THURSTON SYSTEM OF CARE PARTNERSHIP CHARTER

A Regional Family Youth System Partnership Round Table

- A. The System of Care Partnership (SOCP) provides an equitable forum for families, youth, systems, and communities.
1. The SOCP participants work to strengthen sustainable resources by providing community-based approaches to address the individualized behavioral health needs of children, youth, and families.
 2. They leverage the experiences and expertise of all participants dedicated to building seamless behavioral health services, and provide a working partnership among family, youth, systems, and community partners that brings a broad perspective to build and strengthen relationships inclusive of family/youth voice in decision-making processes.
 3. Identify family, youth, systems, and community needs.
 4. Create options and opportunities to address family and youth priorities.
 5. Promote family-and youth-driven solutions to address system challenges and barriers
 6. Develop common ground through mutual learning amongst all participants.
 7. Provide leadership and influence for the establishment and sustainability of the Children’s Behavioral Health System.
 8. Provide input on long-term strategies in support of implementing changes to the regional Children’s Behavioral Health System.
 9. Ensure accountability and effectiveness through evaluation of meetings.

Primary functions

FYSPRTs support and track the six goals of the Washington state System of Care (SOC) which are to:

1. Infuse SOC values in all child-serving systems.
2. Expand and sustain effective leadership roles for families, youth, and system partners

3. Establish an appropriate array of services and resources statewide, including home- and community-based services.
4. Develop and strengthen a workforce that will operationalize SOC values.
5. Build a strong data management system to inform decision-making and track outcomes.
6. Develop sustainable financing and align funding to ensure services are seamless for children, youth, and families.

Quorum for decision making

- At least fifty-one percent of membership needs to be present for a quorum for the purpose of making a decision.

Decision-making responsibilities

The regional FYSPRT is responsible for:

- Developing decision-making protocols following consensus process
- Prioritizing strategies and activities that support the expansion of systems of care.

Regional FYSPRT Participants

Regional FYSPRT participants are comprised of family, youth and system partners, tri-leads and other representatives of child-serving systems and community members. Meetings are open to the public so participants outside the regular participants are welcome to attend and provide input and feedback regarding community needs.

Suggestions for participant make-up at the regional FYSPRT:

Representatives of local systems—Community leaders who reflect the diversity in the community—Community organizations/networks/coalitions (Goodwill, Boys and Girls Club, at-risk youth)

Faith community—Child welfare, Juvenile justice, Mental health providers, Substance use disorder providers, Developmental Disabilities Administration, Law enforcement, School district and Educational Service District staff, Military

Participant minimum ask: Commitment to participate

Tri-lead: preferred minimum ask of two years and others; Tribes—Family and youth groups/organizations—Family/youth leaders—Public health—12-step groups—Youth-led programs—Employers—Division of Vocational Rehabilitation—Kinship groups—Adult consumers—Advocacy groups—Foster care youth and family groups—College and university campus groups—Early Learning – Head Start—Urban Indian Health Programs – two years.

Role of a regional FYSPRT participant

It is intended that the regional FYSPRT leverage the experiences, expertise, and insight of key individuals, organizations, and departments that are committed to building a system of care for children’s behavioral health.

Regional FYSPRT members are not directly responsible for managing project activities but provide support and guidance for those who do. Thus, individually, members will:

- Through education, collaboration, and participation influence the movement toward the infusion of system of care values and principles in community organization, workforce development, policies, practice, financing, and structural change.
- Bring community, individual, and agency strengths in completing necessary tasks.
- Identify barriers/challenges and approaches to address issues.
- Identify strengths/initiatives/projects of existing community and system agencies that support system of care values and principles.
- Educate our system of care partners as we develop and grow.
- Develop problem solving approaches for moving forward.

Tri-lead position descriptions and responsibilities are included in the SOCP interest form (below):

Mason/Thurston System of Care Partnership (SOCP) Statement of Interest for Tri-lead Position(s)

Youth, Family and System Tri-lead roles and responsibilities are listed below. Please circle 'Youth', 'Family' or 'System' depending on which role you are interested in and then explain your interest in the space provided at the end of the document.

Send completed form to Donna Obermeyer at familyalliancewashington@gmail.com and if you have questions, call 360-790-7505.

Youth Tri-lead Roles & Responsibilities

- Ability to check and respond to emails.
- 2 year appointment but request for shorter term will be considered.
- Participate in regularly scheduled meetings including monthly SOCP tri-lead meetings and monthly effective family voice meetings.
 - Tri-leads meet every month outside the SOCP meeting to review notes, structure, progress and effectiveness of prior meetings as well as plan for future meetings. These meetings are 1 to 1 ½ hours in length.
 - Effective Family Voice meetings are also held every month to help prepare all youth and parents for upcoming meetings.
- Attend state-wide meetings where all regional representatives gather together.
 - These are held quarterly (half or full days) and sometimes more often.
 - Brief updates from regions are expected.
- Participation in youth activities such as meetings and/or training if available.

- Ability to contact the SOCP convener or another tri-lead via email, phone, text or social media if you are unable to participate in a meeting.
 - Multiple missed meetings without notice to the convener or other tri-leads will be considered as not wanting to continue in the tri-lead role.
- Under age 25 and has personal lived experience with systems such as education (discipline system/ 504/special ed), child welfare, behavioral health, juvenile justice, intellectual disabilities, substance use treatment.

Note: Youth are reimbursed for their time with per diem (allowance per day), mileage at the federal rate and child care at \$15/hr if needed.

Family Tri-lead

- Ability to check and respond to emails.
- 2 year appointment but request for shorter term will be considered.
- Participate in regularly scheduled meetings including monthly SOCP, Tri-lead and Effective Family Voice meetings.
 - Tri-leads meet every month outside the SOCP meeting to review notes, structure, progress and effectiveness of prior meetings as well as plan for future meetings. These meetings are 1 to 1 ½ hours in length.
 - Effective Family Voice monthly meetings are held to help prepare all youth and parents for upcoming meetings.
- Attend state-wide meetings where all regional representatives gather together.
 - These meetings (half or full day) are held quarterly and sometimes more often.
 - Brief updates from regions are expected.
- Attend state-wide parent network (WA State Community Connector-WSCC) quarterly meetings and trainings if possible.
 - These are full day meetings from 10 am until 3 pm.
 - WSCC trainings are held less frequently, i.e. once a year in October.
- Ability to contact the SOCP convener or another tri-lead via email, phone, text or social media if you are unable to participate in a meeting.

- Multiple missed meetings without notice to the convener or other tri-leads will be considered as not wanting to continue in the tri-lead role.
- Parent/Caregiver of youth with system involvement such as child welfare, behavioral health, juvenile justice, intellectual/developmental disabilities, substance use treatment, education (discipline system/504/Special Ed).

Note: Parents are reimbursed for their time with per diem (allowance per day), mileage at the federal rate and child care at \$15/hr if needed.

System Tri-lead working in a public child serving system/agency, including: behavioral health, education, child welfare, juvenile justice or developmental disabilities.

- Ability to check and respond to emails.
- 2 year appointment but request for shorter term will be considered.
- Participate in regularly scheduled meetings including monthly SOCP and Tri-lead meetings.
 - Tri-leads meet every month outside the SOCP meeting and in Olympia, to review notes, structure, progress and effectiveness of prior meetings as well as plan for future meetings. These meetings are 1 to 1 ½ hours in length.
- Attend state-wide meetings where all regional representatives gather in Olympia.
 - These half or full day meetings are held quarterly and sometimes more often.
 - Brief updates from regions are expected.
- Ability to contact the SOCP convener or another tri-lead via email, phone, text or social media if you are unable to participate in a meeting.
 - Multiple missed meetings without notice to the convener or other tri-leads will be considered as not wanting to continue in the tri-lead role.
- Maintain regular contact with other system partners.
- Demonstrated ability to foster relationships with youth and families.

Tell us in 250 words or less, why you are interested in the tri-lead position you circled or highlighted above. (for Youth, Family and System Tri-leads when indicating interest in an open position)

AD HOC committees

As needed for regional FYSPRT development or to address needs identified by the regional FYSPRT, regional tri-leads, and other FYSPRT leadership may participate in ad hoc committees to address needs in a collaborative manner, including youth, family, and system partner voice.

Communication

Communication is intended to flow within the Governance Structure.

Regional FYSPRT tri-leads will bring information from the statewide FYSPRT to regional FYSPRT meetings for information sharing in their community and also bring concerns, themes from their regional meeting to the statewide FYSPRT as needed. When problem solving around a challenge is needed, regional participants will first contact their regional tri-leads for dialogue and brainstorming. If needed and appropriate, the item or situation will be added to a future regional FYSPRT agenda to be addressed by the regional FYSPRT. If the item or situation is not addressed within the regional FYSPRT meeting(s) or after outreach to regional entities, the regional FYSPRT tri-leads may submit the need to the statewide FYSPRT tri-leads, including recommendations from the regional FYSPRT about how to meet the need. Statewide FYSPRT tri-leads will review the need submitted and the recommendations from the regional FYSPRT to determine next steps, including a reach back to the regional FYSPRT for more information and/or possible addition to a future statewide FYSPRT agenda.

Communication responsibilities for regional FYSPRT Tri-leads -

- Create agenda for their regional FYSPRT meetings.
- Attend statewide FYSPRT meetings and report meeting updates and outcomes to their regional FYSPRT. Post meeting notes and schedules to the website.
- Maintain communication with community members and work groups.

- Use the communication diagram and process as appropriate.
- Participate in information sharing, for example: sharing solutions among other regional FYSPRTs.

Social marketing

The regional FYSPRT will have a social marketing plan including both a website and brochure to share information with the community. The plan will be developed in consideration of the diversity of the community including considerations for Tribal engagement. Minimum website components include:

- 1.Meeting dates, locations, and times
- 2.Contact information
- 3.FYSPRT mission and vision
- 4.Link to the statewide FYSPRT page
- 5.Map showing “your” FYSPRT and other’s
- 6.Calendar of events
- 7.Highlights about what youth, families, system partners are doing or work they have accomplished
- 8.FAQs –What is SOC, What is a FYSPRT, and an FAQ targeted to youth
- 9.Statement about being sponsored by HCA/DBHR and the DBHR website link
- 10.Meeting notes from regional FYSPRT meetings

Minimum brochure components include:

- 1.What is a FYSPRT?
- 2.FYSPRT mission and vision
- 3.Map of FYSPRT regions
- 4.“Why should you participate” paragraph
- 5.Meeting dates, locations, and times or link to get that information
- 6.Contact information
- 7.Regional FYSPRT web address and statewide FYSPRT web address
- 8.Statement about being sponsored by HCA/DBHR and the Children’s Behavioral Health webpage link
- 9.Quotes from youth, family, and system partners, etc. (the personal touch)

Regional FYSPRT meetings

Meeting schedule –monthly Meeting agenda –will be set by the tri-leads based on input from the FYSPRT community. Agenda will be distributed to members at least one week before the meeting occurs.

Meeting Operations –Identified Roles

- Facilitator(s)
- Time Keeper
- Note Taker
- Orientation Lead –to greet new members and participants

Meeting Norms or Comfort/Value agreement –created by members and participants

Examples:

- meetings begin/end on time
- one person at a time contributes
- cell phone use agreement

Activities–to be determined by FYSPRT participants based on community needs tying into the regional FYSPRT needs assessment, Five-Year Strategic Plan, and/or Annual Work Plan and statewide activities, could include: Support for conference and training participation as resources permit

Mental health awareness activities