

Thurston Mason Publicly Funded Service Matrix

Substance Use Services Mental Health Services

LEVEL OF CARE**

| | ASAM .05 EARLY INTERVENTION | ASAM 1 OUTPATIENT | ASAM 2.1 INTENSIVE OUTPATIENT | ASAM 3.1-3.5 RESIDENTIAL | RECOVERY SUPPORT SERVICES | COMMUNITY SUPPORT &/OR LOC A (INTAKE ONLY) | LOC 1 &/OR INTENSITY LEVEL FOR SPECIALIZED CARE | LOC 2 &/OR INTENSITY LEVEL FOR SPECIALIZED CARE | LOC 3 &/OR INTENSITY LEVEL FOR SPECIALIZED CARE | LOC 4 &/OR INTENSITY LEVEL FOR SPECIALIZED CARE | CRISIS SERVICES &/OR OTHER INTENSIVE SERVICES |
|---------------------------------|--------------------------------|--|--|--|---|--|--|--|---|---|--|
| ADULTS (18 and older) | -Intake Only -Crisis Clinic | -Alternatives-CDP* (jail services) -Northwest Resources -Drug Court* (Pierce County Alliance) -New Directions BHR: Pregnant/Parenting Women Harvest Program Opiate Substitution: Evergreen Treatment and NW Integrated Health | -SeaMar -Consejo -Providence St. Peter -Cascade MH -Eugenia Center | <u>ADULT 3.1-3.5</u> ABHS & Specialty Services II Cowlitz Family HC Kitsap Recovery Center Lifeline Connections Northwest Resources II Olalla Recovery Pioneer Human Services Prosperity SeaDruNar SeaMar SPARC Sun Ray Court Sundown M Ranch Triumph Treatment Valley Cities Recovery Place Seattle | Northwest Resources*: Housing Case Management & Intensive Case Management OHRS HARPS: housing/peer services Northwest Resources*: Nisqually Jail Re-Entry Svcs and Thurston Co Corrections Facility Housing Case Management | -Intake Only -Crisis Clinic -Family Alliance for Mental Health -Olympia Free Clinic -Housing Authority of Thurston Co. -PATH/Peer Pathfinder -Family Education & Support Services OHRS: HARPS housing/peer services OHRS: Trueblood MHP/peers/deputy time* | -Behavioral Health Resources -Eugenia Center -SeaMar Capital Recovery Center: Peer Support/Day Support Olympic Health and Recovery Services*: Jail Behavioral Health Program Consejo: Partial Hospitalization/Day Treatment Providence Community Care Center BHR: Recovery-Integrated Treatment Services (COD) PSPH: IOP Program (ancillary) BHR: New Journeys (First Episode Psychosis program) ages 15-40 | -Northwest Resources -Cascade MH -Consejo BHR: PACT | | | Telecare: Thurston-Mason County Mental Health Triage (18+) Cascade MH, Valley Cities, Telecare: Evaluation and Treatment (18+) OHRS: Mobile Crisis Outreach (18+) Telecare: Community Alternative Teams (T-CAT) (18+) Telecare: Mason County E&T and Long-Term Facility (18+) Olympic Health and Recovery Services: Western State Liaison & Peers (18+) Telecare: Thurston-Mason County Mental Health Triage (18+) |
| TRANSITIONAL AGE (15-25) | -Intake Only -Crisis Clinic | -ESD 113 True North* -Providence St. Peter -Consejo | -Community Youth Services -Cascade MH -Eugenia Center | <u>PPW</u> BHR Harvest Home Cowlitz Family HC Isabella House Lifeline Connections Triumph Treatment <u>WITHDRAWAL MANAGEMENT</u> Kitsap Recovery Center Lifeline Connections Royal Life Centers SeaDruNar Specialty Services III Valley Cities Recovery Place Seattle | | -Intake Only -Community Wrap-around Teaming -Crisis Clinic -Family Alliance for Mental Health -Nurse Family Partnership—Thurston County Public Health & Social Services* -Juvenile Court and Detention Transitions & Steps to Wellness—Community Youth Services* | -Behavioral Health Resources -SeaMar -Northwest Resources -Consejo -ESD 113 True North -Cascade Mental Health -Eugenia Center Community Youth Services*: Multisystemic Therapy (MST) (includes non-Medicaid capacity in Thurston only) Catholic Community Services*: WISE Program (includes non-Medicaid capacity in Thurston only) Community Youth Services: WISE Program Community Youth Services: TAY COD Core services | | | | Community Hospitals Children's Long-Term Inpatient (CLIP) (0-18) Catholic Community Services*: Children's Mobile Crisis Team Community Youth Services*: Steps to Wellness (Rosie's Place) |
| CHILDREN/YOUTH (0-14) | -Intake Only -Crisis Clinic | -ESD 113 True North* -Providence St. Peter -Consejo | -Community Youth Services -Eugenia Center | <u>YOUTH 3.1 & 3.5</u> Daybreak Youth Services Excelsior Youth Center Sea Mar Renacer Sea Mar Visions Sundown M Ranch | | | ESD 113 True North: Co-occurring program -Behavioral Health Resources -SeaMar -Consejo -ESD 113 True North -Cascade Mental Health -Eugenia Center Community Youth Services*: Multisystemic Therapy (MST) (includes non-Medicaid capacity in Thurston only) Catholic Community Services*: WISE Program (includes non-Medicaid capacity in Thurston only) Community Youth Services: WISE Program | | | | |

| | | | | |
|------------|------------------------------|-------------------------------------|---------------------|--------------------------------------|
| KEY | No formal assessment for LOC | Formal assessment for level of care | Specialized Service | Crisis, Inpatient, and Jail Services |
|------------|------------------------------|-------------------------------------|---------------------|--------------------------------------|

If you are an Individual on Medicaid, call your Managed Care Organization (MCO) to ensure the services you are seeking are covered under your benefit, (see "Other Resources" for MCO Customer Service on next page).

*Provider receives Thurston County Treatment Sales Tax

**Level of Care/Intensity of Services: There is an increase in length, intensity, and duration of services moving left to right on the continuum of care (with the exception of Recovery Support Services; enhances services)

If you are an Individual on Medicaid, call your Managed Care Organization (MCO) to ensure the services you are seeking are covered under your benefit (see “Other Resources” for MCO customer service numbers)

Early Intervention, Community Supports, and Recovery Support Services

Community Youth Services: 360-943-0780—Juvenile Court and Detention Transitions (JCDT), Steps to Wellness, and Parents as Teachers

Community Wraparound Teaming: Multi-disciplinary team provides consultation to families. Send referrals to: cwt.referrals@tmbho.org or call 360-763-5828 for more information

Crisis Clinic of Thurston and Mason Counties: 360-586-2800 — Youth Help Line: 360-586-2777 — <http://crisis-clinic.org> — 24 hour referral and information line

Family Alliance for Mental Health: 360-790-7505 — <https://www.familyallianceformentalhealth.com>— serves Thurston and Mason

Family Education and Support Services: 360-754-7629 — 6840 Capitol Blvd SE, Tumwater — serves Thurston and Mason

Housing Authority of Thurston County: 360-753-8292 — <http://www.hatc.org>

Northwest Resources II: Intensive Case Management, 360-668-7312 & Housing Case Management, 360-918-8336 — Thurston

Northwest Resources: Nisqually Jail Re-Entry Services and Thurston Co Corrections Facility Housing Case Management (justice system referrals only)

Outpatient Services (includes: Mental Health and Substance Use)

Alternatives-CDP: referrals through Thurston Co Corrections Facility only

Behavioral Health Resources: Harvest Program — for pregnant and/or parenting women, 360-754-5729, 6128 Capitol Blvd SE, Tumwater and 360-426-1696, 110 W K St, Ste A, Shelton

Behavioral Health Resources: 360-704-7170, 3857 Martin Way E, Olympia & 360-426-1696, 110 W K St, Ste A, Shelton — Adult Services, Children/Youth/Family Services, New Journeys, RITS, and PACT

Capital Recovery Center: 360-357-2582 — 1000 Cherry Street SE, Olympia — Peer Support/Day Support, PATH, Peer Pathfinder

Cascade Mental Health: Mental Health: 360-330-9044 — 2428 W Reynolds Ave, Centralia — Substance Use Disorder: 360-748-4339 135 W. Main St, Chehalis — serves individuals with a TMBHO benefit

Catholic Community Services: 360-878-8248 — 1011 10th Ave SE, Olympia, 601 W Franklin St, Shelton (transit center), and 715 Yelm Ave E Unit 8, Yelm — WISE and Wraparound

Community Care Center: 360-515-5646—225 State Ave, Olympia

Community Youth Services: 360-943-0780 — 711 State Ave NE, Olympia, 520 Pear St, Olympia, and 601 W Franklin St, Shelton (transit center) — MST, WISE, and TAY COD Core

Consejo Counseling: 360-763-5610 — 627 W Franklin St, Shelton

Educational School District 113 True North: 360-464-6867 — 6005 Tyee Dr SW, Tumwater — serves Thurston and Mason, office and school-based COD services

Eugenia Center: 360-740-9767 — 121 NW Chehalis Ave, Chehalis — serves individuals with a TMBHO benefit

Evergreen Treatment Services, South Sound Clinic: 360-413-6910 or 888-764-7243 — 6700 Martin Way E Ste 117, Olympia — Opiate Substitution Treatment

Northwest Integrated Health: 253-503-3666 — 9720 South Tacoma Way, Lakewood — Opiate Substitution Treatment — serves individuals with a TMBHO benefit

Northwest Resources: Olympia, 2708 Westmoor Ct SW 360-943-8810 and Lacey, 3773 Martin Way E, A-105 360-688-7312 and Lacey, 200 Lilly Rd NE, C 360-918-8336

Substance Use Disorder Residential Services

ASAM 3.1, 3.3, and 3.5 Services

ABHS & Specialty Services II: 509-232-5766 — 3.1, 3.3, 3.5 — Adult Men and Women—Spokane, Port Angeles, and Chehalis

Cowlitz Family Health Center: 360-274-3262 — 3.5 — Adult Men and Women — Castle Rock

Daybreak Youth Services: 888-454-5506 — 3.5 — Youth — Spokane (Females only) and Vancouver

Excelsior Youth Center: 509-328-7041 — 3.1 & 3.5 — Youth Males — Spokane

Kitsap Recovery Center: 360-337-4625 — 3.5 — Adult Men and Women — Port Orchard

Lifeline Connections: 360-397-8246 — 3.5 — Adult Men and Women—Vancouver

Northwest Resources II: 360-426-0890 — 3.5 — Adult Men — Shelton

Olalla Recovery: 253-857-6201 — 3.5 — Adult Men and Women — Olalla

Pioneer Center CORP: 206-772-6900 — 3.3 — Adult Men and Women (COD)

Pioneer Center East: 509-325-2355 — 3.3 — Adult Men and Women — Spokane

Pioneer Center North: 360-856-3186 — 3.3 — Adult Men and Women — Sedro-Wooley

Prosperity Wellness Center: 253-536-6425 — 3.5 — Adult Men and Women — Tacoma

SeaDruNar: 206-767-0244 — 3.1 & 3.3 — Adult Men and Women — Seattle

SeaMar Renacer: 206-812-6169 — 3.5 — Youth Males — Seattle

SeaMar Tacoma: 253-280-9861 — 3.5 — Adult Men and Women — Tacoma

SeaMar Turning Point: 206-219-5982 — 3.5 — Adult Men and Women — Seattle

SeaMar Visions: 360-647-4266 — 3.1 & 3.5 — Youth Females — Bellingham

SPARC: 509-624-3251 — 3.1 & 3.5 — Adult Men and Women — Spokane

Sun Ray Court: 509-456-5465 — 3.5 — Adult Men — Spokane

Sundown M Ranch: 509-457-0990 — 3.1 & 3.5 — Adult and Youth — Males and Females

Triumph Treatment Inspirations: 509-571-1455 — 3.5 — Adult Women — Yakima

Triumph Treatment James Oldham: 509-865-6705 — 3.5 — Adult Men — Buena

Valley Cities, Recovery Place Seattle: 206-731-7210—3.5

Pregnant and Parenting Women

Behavioral Health Resources Harvest Home 360-236-7140—Olympia

Cowlitz Family Health Center: 360-425-9600 — Longview

Isabella House: 509-624-1244 — Spokane

Triumph Treatment Riel House: 509-853-4179 — Yakima — individual rooms, COD program, Circle of Security curriculum

Triumph Treatment Beth’s Place and Casita: 509-853-4171—Yakima - medication assisted therapy, shared rooms, onsite MH counselor

Adult Withdrawal Management (no prior authorization needed by TMBHO, call facility for admission)

ABHS Secure Withdrawal Management (involuntary): 360-266-5029 — Chehalis

Kitsap Recovery Center: 360-337-4625 — Port Orchard

Lifeline Connections: 360-397-8246 — Vancouver

Royal Life Centers: 877-732-6837 — Lacey

SeaDruNar: 206-245-1086 — Seattle

Specialty Services III: 360-477-4795 — Port Angeles — transportation provided

Valley Cities: Recovery Place Seattle (voluntary): 206-731-7210

Other Resources

Thurston-Mason Behavioral Health Administrative Service Organization (responsible for crisis and non-Medicaid services): 360-763-5828 or 800-658-4105 Fax: 360-489-1435 — 612 Woodland Square Loop SE, Suite 401, Lacey

Health Care Authority: 1-800-562-3022

Managed Care Organizations (MCOs) Customer Service - Amerigroup: 1-800-600-4441, Coordinated Care: 1-844-354-9876, Molina: 1-800-294-8620, and United: 1-800-562-3022

System of Care Hub <http://systemofcarehub.com>: Coalition of the System of Care Partnership of Mason and Thurston and Behavioral Health Agencies offering a wide range of services in Mason and Thurston Counties. Most (but not all) of the programs are geared toward helping school-age children with behavioral health issues.